'intheknow'

information + support

FamilySmart® Together-Centred™

in partnership with: heretohelp Mental health and substance use information you can trust

"Tips for a Super Summer!"

Join us in Person

When children who experience mental health challenges are out of school, parent's schedules are bound to get busier. Come join our PiR and other parents to share tips and strategies that focus on our children's strengths and interests and encourage connection and fun! Available resources will also be shared!

Event Host:

Jill Shatford, Parent in Residence (PiR)
FamilySmart®

Tuesday June 25th, 2019
6:30 pm – 8:30 pm

Sechelt Library
5797 Cowrie St,
Sechelt, BC

Please RSVP by email:
jill.shatford@familysmart.ca

FREE OF CHARGE

'intheknow' provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:
www.familysmart.ca/in-the-know

In person at community sites:
www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.

SECHELT LIBRARY
Space to think

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